

### Annual Wellness Visit—Medicare Covered Preventive Screenings and Services

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Services & Screenings	Who	How Often?	Need ✓	Date of Last Service	Due Date
<b>Abdominal Aortic Aneurysm</b>	Men ages 65-75 if at risk	Once			
<b>Alcohol Misuse and Counseling</b>	All Adults	Screening once a year if no alcohol misuse. Counseling up to 4 face-to-face sessions			
<b>Bone Density Measurement</b>	People at risk for osteoporosis	Once every 24 months			
<b>Cardiovascular Screenings (total cholesterol, LDL, HDL, triglycerides)</b>	All Adults	Once every 5 years			
• <b>Intensive Behavioral Therapy for CVD</b>		One CVD reduction visit annually			
<b>Colorectal Cancer</b>	All Adults 50 and older				
• <b>Stool sample, or</b>		Once every 12 months			
• <b>Flexible sigmoidoscopy, or</b>		Once every 48 months			
• <b>Screening colonoscopy</b>		Every 10 years			
<b>Depression</b>	All Adults	Once a year if done in a primary care office able to provide treatment and referral			
<b>Diabetes Screening and Self-Management Training</b>	All Adults at risk	Depending on your test results, up to two times a year – may require copay			
<b>Glaucoma</b>	Adults at high risk for glaucoma	Once every 12 months – requires copay			
<b>HIV</b>	All Adults at risk for HIV infections	Every year, if at risk or if required			

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<b>Mammogram</b>	Women over 40	Screening once a year			
<b>Medical Nutrition Therapy</b>	Adults with •Diabetes •Renal disease •Kidney transplant within past 3 years	3 hours of counseling the first year 2 hours every year after that			
<b>Obesity and Counseling</b>	All Adults	Screening once a year Counseling if BMI is $\geq 30$			
• <b>Intensive Behavioral Therapy for BMI <math>\geq 30</math></b>		First month: one visit every week			
		Months 2-6: one visit every other week; <b>and</b>			
		Months 7-12: one visit every month if certain requirements are met			
<b>Pap Smear and Pelvic Exam</b>	All Women	Once every 24 months Once every 12 months if at risk			
<b>Prostate Cancer</b>	Men over 50	Annually			
<b>Tobacco Use Counseling</b>	Adults who use tobacco with no tobacco-related illnesses	Up to 8 visits in a 12-month period			
<b>Vaccines</b>	All Adults				
• <b>Hepatitis B</b>	All Adults at Risk	Schedule doses required			
• <b>Influenza</b>		Once every flu season			
• <b>Pneumonia</b>		Initially to those who never received vaccine under part B, and a different, second vaccine 1 year later			
<b>Next Annual Wellness Visit</b>	All Adults with Medicare	Every year			

*This material, originally prepared by MaineHealth (<http://www.mainehealth.org/AWW>) was adapted and is provided by HealthInsight, the Medicare Quality Innovation Network – Quality Improvement Organization for Nevada, New Mexico, Oregon and Utah, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy. #11SOW-CORP-17-26*